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**INDIAN SCHOOL MUSCAT
HALF EXAMINATION 2023
HOME SCIENCE (064)**



CLASS : X
DATE: 25/09/2023

TIME ALLOTTED : 3 HRS.
MAXIMUM MARKS: 70

GENERAL INSTRUCTIONS:

1. All questions are compulsory.
2. There are total 35 questions.
3. Question paper is divided into three sections-A, B and C.
4. Section A has question no.1 to 18 (multiple choice questions) and are of 1 mark each.
5. Section B has question no.19 to 25 of 2 marks each and question no.26 to 29 of 3 marks each.
6. Section C has question no.30 to 33 of 4 marks each and question no.34 and 35 are of 5 marks each.
7. Internal choices are given in some questions.
8. Support your answers with suitable examples wherever required.

SECTION - A

1.	What are two characteristics of language of an adolescent? a. Slang and abbreviations b. Babbling and abbreviations c. Crying and emotional expressions d. Gesture and slangs	1
2.	Given below are two statements labeled as Assertion (A) and reason (R). Assertion (A) - While making time plan one should alternation between heavy and light activities. Reason (R) - It helps to reduce fatigue. Select the appropriate answer from the options given below. a. Both A and R are true and R is the correct explanation of A b. Both A and R are true but R is not the correct explanation of A c. A is true but R is false d. A is false but R is true	1
3.	Which of the following devices helps to save time and energy? A. Small handled mop B. Long handled mop C. Pressure cooker D. Pan Choose the correct option. a. A and B b. B and C c. A and D	1

	d. C and D	
4.	Play is a _____ and natural activity. a. Emotional b. Spontaneous c. Calculated d. Magical	1
5.	Which of the following practice should not be adopted by a food handler: a. Wearing clean clothes b. Wearing rings c. Covering wounds with waterproof tapes d. Short nails	1
6.	Cold food stuff should always be held at temperature below 5 degree C because: a. To keep the food cool b. To avoid the growth of microorganism c. To avoid cross contamination d. To keep it away from insects.	1
7.	The first sign of puberty amongst the boys is: a. Facial hair growth b. Nocturnal emission c. Breaking of voice d. Appearance of pubic hair	1
8.	Anup likes to solve different types of puzzles. It will help in developing his _____ skills. a. Social b. Emotional c. Physical d. Cognitive	1
9.	It helps in work simplification; a. Developing skills in work b. Listening to music c. Taking rest d. Playing indoor games	1
10.	What could be the possible reason of cross contamination in food? a. Using same chopping board b. Packing and labelling of food products c. Keeping the raw food in refrigerator d. Cutting the food in uniform size	1
11.	Which is the best way to save energy while working in the office? a. Improve posture b. Sleep in between the working hour c. Eat balanced diet d. Deep breath and exercise regularly	1
12.	What temperature you have to maintain while storing hot and cold food? a. 60°C and 4°C b. 57°C and 5°C c. 63°C and 3°C d. 45°C and 2°C	1
13.	Which of the following is an example of fixed time activity? a. Lunch time b. Talking with your friends	1

	c. School time d. Searching on internet.	
	CASE STUDY BASED QUESTIONS Read the passage carefully. Answer question no. 14 to 18 Childhood is the period of human life span between infancy and adolescence extending from ages 2-11 years. It is a time of remarkable growth and development. Growth and development in different domain take place which helps in identifying various needs of the child.	
14.	Which of the following is not a typical feature of language development of your younger brother who is studying in nursery class? a. Vocabulary of more than 1000 words b. Enjoy tongue twisters c. Aware of phonetics d. Frame active and passive sentences	1
15.	Match list I with list II LIST I [Age(in years)] A. 2 B. 6 C. 8 D. 11 LIST II[Characteristics of motor development] I. Jump hurdles II. Skates III. Hops IV. Tie laces Choose the correct option of the following: a. A-III, B- IV, C- II, D- I b. A- IV, B- III, C-II, D- I c. A- II, B- III, C-IV, D- I d. A- I, B- II, C- III, D- IV	1
16.	Which is the correct pair of social development? a. Copying actions of adults: Middle childhood b. Show loyalty towards friends: Early childhood c. Enjoy group activity: Middle childhood d. Become independent: Early childhood	1
17.	At what age child's feet becomes longer? a. 1 year b. 5 year c. 9 year d. 3 year	1
18.	At 3 years how many temporary teeth does a child has and what age it starts shedding? a. 20 and 6 years b. 20 and 9 years c. 28 and 6 years d. 28 and 9 years	1
	SECTION B	
19.	Why it is important to manage time? (Any 4 points)	2
20	Which two labor saving devices Mrs. Sharma will be using for each- a. Making vegetable curry b. Cleaning the house	2
21	Write four ideal characteristics of kitchen hygiene.	2
22	List the sex related issues seen in the adolescent.	2

23.	"Play teaches a child to be honest." Justify the statement.	2
24.	What is obesity? Write two possible reasons of obesity in adolescents?	2
25.	What do you mean by dovetailing? Give an example. OR After a dinner party, you are helping your mother to store the leftover food items. What 4 points will you keep in mind while doing so?	2
26.	"Play is an important part of childhood." Justify this statement highlighting the importance of play in child development with three examples.	3
27.	"Adolescence is considered to be the most stressful time." Support this statement with the help of three problems faced by adolescents.	3
28.	Explain the factors influencing time plan of a family. (Any 3) Or A 3 years old Riyanshi do not want to play with others. She enjoys playing with herself. a. What would be the two drawbacks of not engaging in play with others? b. Suggest any two appropriate toys for her which promotes overall development of Riyanshi.	3
29.	Draw a flow chart showing the role of play in growth and development. Or While working in the kitchen, what specific personal hygiene would you recommend to the cook for ensuring safe food to the family.	3
SECTION - C		
30.	a. Radha is a housewife and manages all household work herself. Suggest any two ways to reduce the physiological fatigue. b. Arjun is not getting appreciation for hard work he is doing in his work place. What kind of fatigue he place suffer from due to this practice in his office? Also tell four measures which should be practiced by the office management to avoid this fatigue?	4
31.	Explain four cognitive changes you observe in an adolescent. Support your answer with the help of an example.	4
32.	Explain any four work simplification methods, with the help of suitable examples.	4
33.	The period of adolescence is characterized by physical development. Compare any four physical changes specific to teenage boys and girls.	4
34.	You are preparing for an examination, prepare a time plan for yourself keeping the important points in mind.	5
35.	Suggest five ways to make your kitchen insect free. Or Ankita has to catch a train at 8 am. The station is 15 minutes away from her house. She has to pack food, clean utensils and get ready. Help her make a time plan so that she reaches the station on time.	5