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ROLL NUMBER				
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SET	A
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**INDIAN SCHOOL MUSCAT  
HALF YEARLY EXAMINATION 2023  
PSYCHOLOGY (037)**



CLASS : XII  
DATE: 14-09-2023

TIME ALLOTTED : 3 HRS.  
MAXIMUM MARKS:70

- i. All questions are compulsory except where internal choice has been given.
- ii. Question Nos. 1 -14 in Section A carry 1 mark each.
- iii. Question Nos. 15-18 in Section B are Very Short Answer Type-I questions carrying 2 marks each.  
Answer to each question should not exceed 30 words.
- iv. Question Nos. 19-22 in Section C are Short Answer Questions Type-II carrying 3 marks each.  
Answer to each question should not exceed 60 words.
- v. Question Nos. 23 - 26 in Section D are Long Answer Type I questions carrying 4 marks each. Answer to each question should not exceed 120 words.
- vi. Question No. 27-28 in Section E is a Long Answer Type II question carrying 6 marks. Answer to this question should not exceed 200 words.
- vii. Question Nos. 29 – 32 in Section F are based on two cases given. Each case has two questions carrying two marks each. Answer to each question should not exceed 30 words.

**SECTION – A**

- 1 Identify the type of intelligence helping to deal with the personal and professional demands in day to day life? 1
  - A. Componential intelligence
  - B. Contextual intelligence
  - C. Spatial intelligence
  - D. Technological intelligence
- 2 \_\_\_\_\_ Intelligence is helpful in knowing and understanding the graphs, designs and patterns. 1
  - A. Bodily kinesthetic
  - B. Mathematical
  - C. Logical
  - D. Spatial

- 3 The delay or defer the gratification of needs for some time period is known as \_\_\_\_\_ 1
- A. Self esteem
  - B. Self-regulation
  - C. Self-efficacy
  - D. Self-control
- 4 \_\_\_\_\_ 1
- German philosopher Karl Marx gained popularity for his lectures on social justice and equality in society, which finally paved the way for the formation of communism in contemporary society. Identify the personality traits of Karl Marx with Alport's classification of personality traits.
- A. Source
  - B. Cardinal
  - C. Central
  - D. Secondary
- 5 After failing in an examination Mr. Kabir started blaming on the Question paper pattern. 1
- Identify the defense mechanism used by Mr. Kabir in the current context?
- A. Projection
  - B. Denial
  - C. Displacement
  - D. Reaction formation
- 6 \_\_\_\_\_ is considered as the father of modern stress research? 1
- A. Richard Lazarus
  - B. Martin Seligman
  - C. Hans Seyle
  - D. Edward Hall
- 7 \_\_\_\_\_ requires imagery and imagination. 1
- A. Relaxed visualization
  - B. Creative visualization
  - C. Imagination and Relaxation
  - D. Meditation
- 8 Which of the following statements are true about the diathesis stress model? 1
- I. Vulnerability factor and presence of pathogenic stressors results in psychological disorder.
  - II. The presence of a biological aberration is enough to develop a psychological disorder.
  - III. The presence of pathogenic stressors only leads to psychopathology.
  - IV. The diathesis and stressor lead to the development of a psychological disorder.

- A. I and II
- B. II and III
- C. III and IV
- D. I and IV

- 9 Removing the evil spirits through the counter magic or prayer to heal the psychological disorders is known as \_\_\_\_\_ 1
- A. Shamanism
  - B. Exorcism
  - C. Demonism
  - D. Spiritualism
- 10 Robert is not able to sit at one place for a period of time and also he is not able to concentrate in the class and he is moving spontaneously and making odd grimaces and gestures. The above points are noticed by the Class teacher and communicated to his parents. Identify the disorder on the base of mentioned symptoms in the case study? 1
- A. Autism
  - B. Depression
  - C. Dyslexia
  - D. ADHD
- 11 In which disorder an individual experiences physical and body complaints with out any physical evidence. 1
- A. Somatic symptom disorder
  - B. Illness anxiety disorder
  - C. Conversion disorder
  - D. Major depressive disorder
- 12 In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). Mark the correct choice. 1
- Assertion (A):** According to behaviorist the structural unit of personality is the response.
- Reason (R):** In order to understand the personality we need to analyze the responses.
- A. Both (A) and (R) are true, and ( R ) is the correct explanation of (A).
  - B. Both (A) and (R) are true, but (R) is not the correct explanation of (A)
  - C. (A) is true, but (R) is false.
  - D. (A) is false, but (R) is true.

- 13 In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). 1  
Mark the correct choice.

**Assertion (A):** Archetype's are the primordial images like concept of God, concept of mother earth.

**Reason (R):** Carl Jung proposed the Archetypes in personality and also he stated that these are culturally created.

- A. Both (A) and (R) are true, and ( R ) is the correct explanation of (A).
- B. Both (A) and (R) are true, but (R) is not the correct explanation of (A)
- C. (A) is true, but (R) is false.
- D. (A) is false, but (R) is true.

- 14 Leonardo is a student of class 10 and his parents are very ambitious and they are expecting a very 1  
high performance from him and due to the parent's expectations he is facing high stress.  
Identify the cause of Leonardo's stress.

- A. Internal pressure
- B. Social pressure
- C. Frustration
- D. Conflict

#### SECTION - B

- 15 Explain the two different levels used by Arthur Jensen to describe the intelligence? 2  
(OR)  
Explain two factor theory of intelligence in detail.
- 16 Differentiate the two terms personal and social identity with examples. 2
- 17 After failing the UPSC exam on his first try, Raghav began to concentrate on the multiple flaws 2  
and mistakes he had made in his examination preparation and appearance. He developed a  
strategy after conducting the necessary analysis and introspection, which helped him pass the  
UPSC test on his second try.  
Identify the type of coping that Raghav used and explain it..
- 18 What is ADHD and How does it impact a child's learning process. 2

#### SECTION - C

- 19 Differentiate the two terms technological and integral intelligence. 3
- 20 "Intellectual activity involves the interdependent functioning of three neurological systems which 3  
are known as functional units of the Brain". Identify and explain the three functional units of the  
Brain related to the above statement?

- 21 Describe the various sources of stress in detail with relevant examples. 3
- (OR)
- Explain the three types of social support.
- 22 Explain various eating disorders in detail. 3

### SECTION -D

- 23 Shivin is a spiritual leader who possesses a particular type of intelligence as explained by Howard Gardner, Identify the intelligence and give reasons for your answer. 4
- 24 Describe and critically assess Hans Seyle's theory on the 'General adaption syndrome'. 4
- 25 "Life skills are the abilities for adaptive and positive behavior which enable individuals to deal effectively with daily life". 4
- Justify the statement with any four Life skills.

(OR)

Many ailments like hypertension, ulcers, etc. could be stress related. To prevent this from happening, we need to be aware about stress management techniques. Explain any four of these techniques.

- 26 A study found that one-third of British children, at age six, are afraid of snakes even though it is rare to encounter snakes in British Isles. The children had never come in contact with snakes in a traumatic situation, but snakes still generated anxious response. How would Carl Jung's theory of personality explain the same? Throw some light on his theory. 4

### SECTION - E

- 27 Explain various psychological models to explain the abnormal behavior in detail. 6
- (OR)
- John is perceived as being hazy, diffuse, and filled with extremely terrible sentiments of fear and apprehension. Describe the condition that John is experiencing and its numerous linked disorders.
- 28 Explain various psychoanalytical stages of development stated by Sigmund Freud. 6

(OR)

Explain the humanistic approach to personality. What did Maslow mean by self-actualization?

### SECTION - F

**Read the case and answer the questions that follow.**

Personality disorders are mental illnesses that share several unique qualities. They contain symptoms that are enduring and play a major role in most, sometimes all, aspects of the person's life. While many disorders vary in terms of symptom presence and intensity, personality disorders

usually remain constant. The psychodynamic theory regards human behavior to be determined by underlying psychological influences that usually are unconscious.

These influences are dynamic the relationship between them gives rise to behavior. Abnormal symptoms are created when conflicts arise in this relationship. This theory states that all behavior is determined by childhood events and past experience. Treatment then consists of psychoanalysis, which involves bringing into conscious awareness that traumatic childhood conflicts that have been repressed, and resulting in resolution.

- 29 Name the traits of behavioral model of psychopathology has suggested about phobias. 2
- 30 Explain maladaptive thoughts or behavior. 2

**Read the case and answer the questions that follow.**

When Srikanth Bolla was born, neighbors in the village suggested that his parents smother him. It was better than the pain they would have to go through their lifetime, some said. He is a “useless” baby without eyes; being born blind is a sin, others added. Twenty –three years later, Srikanth is standing tall living by his conviction that if the “world looks at me and says, Srikanth, you can do nothing’, I look back at the world and say, I can do anything.”

Srikanth is the founder and CEO of Hyderabad based Bollant Industries, an organizations that employs uneducated and challenged employees to manufacture eco-friendly, disposable consumer packaging solutions, which is worth 50 crore rupees. He considers himself the luckiest man alive, not because he is now a millionaire, but because his uneducated parents, who earned 20,000 rupees a year, did not heed any of the ‘advice’ they received and raised him with love and affection. “They are the richest people I know,” says Srikanth.

- 31 We can see that Srikanth has the ability to adopt, shape and select the environment. Identify the theory of 2 intelligence that would best support our understanding of Srikanth’s intelligence.
- 32 “Srikanth is standing tall living by his conviction that if the “world looks at me and says, 2 ‘Srikanth, you can do nothing’, I look back at the world and say, I can do anything.” According to Gardner’s multiple theory of intelligences, which kind of intelligence explains this? Discuss this intelligence in brief.

**End of the Question Paper**

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**SECTION – A**

- 1 Which of the following refers to an individual's underlying potential for acquiring skills. These are also used to predict what an individual will be able to do if given proper environment and training. 1
  - A. Intelligence test
  - B. Aptitude test
  - C. Creative test
  - D. Attitude test
- 2 \_\_\_\_\_ Intelligence is helpful in knowing and understanding the graphs, designs and patterns. 1
  - A. Bodily kinesthetic
  - B. Mathematical
  - C. Logical
  - D. Spatial

- 3 Which psychologist believed that there is a common structure on which people differ from each other? 1
- A. Raymond Cattell
  - B. Gordon Allport
  - C. Hans Eysenck
  - D. Sigmund Freud
- 4 German philosopher Karl Marx gained popularity for his lectures on social justice and equality in society, which finally paved the way for the formation of communism in contemporary society. Identify the personality traits of Karl Marx with Allport's classification of personality traits. 1
- A. Source
  - B. Cardinal
  - C. Central
  - D. Secondary
- 5 In which defense mechanism people will try to attribute their own traits to others. 1
- A. Projection
  - B. Denial
  - C. Displacement
  - D. Reaction formation
- 6 \_\_\_\_\_ is considered as the father of modern stress research? 1
- A. Richard Lazarus
  - B. Martin Seligman
  - C. Hans Selye
  - D. Edward Hall
- 7 \_\_\_\_\_ uses imagery and imagination as a way to overcome the stress. 1
- A. Relaxed visualization
  - B. Creative visualization
  - C. Imagination and Relaxation
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- 8 Which of the following statements are true about the diathesis stress model? 1
- I. Vulnerability factor and presence of pathogenic stressors results in psychological disorder.
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- A. I and II
- B. II and III
- C. III and IV
- D. I and IV

- 9 Samuel who was brilliant in studies and eventually took admission in one of the best engineering college in Chennai. After few months his parent received the news about his son's demise by committing suicide. His friends told that he was in great stress. Identify the disorder he most likely has suffered with. 1
- A. Anxiety
  - B. Panic disorder
  - C. Personality disorder
  - D. Bipolar mood disorder
- 10 Fear of entering in to an unfamiliar place or situation is known as \_\_\_\_\_ 1
- A. Melanophobia
  - B. Social phobia
  - C. Specific phobia
  - D. Agora phobia
- 11 Anthony is a 50 –year-old male who complains of difficulty in breathing and other body related symptoms. On being examined, the doctors were unable to find any medical explanation for his reported symptoms. 1
- Identify the disorder experienced by Anthony.
- A. Somatic symptom disorder
  - B. Illness anxiety disorder
  - C. Conversion disorder
  - D. Major depressive disorder
- 12 In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). 1
- Mark the correct choice.
- Assertion (A):** According to behaviorist the structural unit of personality is the response.
- Reason (R):** The response is the reaction of a person to particular stimuli and in order to understand the personality we need to analyze the responses.
- A. Both (A) and (R) are true, and ( R ) is the correct explanation of (A).
  - B. Both (A) and (R) are true, but (R) is not the correct explanation of (A)
  - C. (A) is true, but (R) is false.
  - D. (A) is false, but (R) is true.

- 13 In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). Mark the correct choice. 1
- Assertion (A):** The self-report measures of personality assessment described so far are known as direct techniques.
- Reason (R):** The direct techniques tend to rely on information directly obtained from the person who clearly knows that her/his personality being assessed.
- A. Both (A) and (R) are true, and ( R ) is the correct explanation of (A).
  - B. Both (A) and (R) are true, but (R) is not the correct explanation of (A)
  - C. (A) is true, but (R) is false.
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- 14 Leonardo is a student of class 10 and his parents are very ambitious and they are expecting a very high performance from him and due to the parent's expectations he is facing high stress. Identify the cause of Leonardo's stress. 1
- A. Internal pressure
  - B. Social pressure
  - C. Frustration
  - D. Conflict

### SECTION – B

- 15 Explain the two different levels used by Arthur Jensen to describe the intelligence? 2
- (OR)
- 16 Explain the two factor theory of intelligence in detail with relevant examples. 2
- 17 Differentiate the two terms personal and social identity with examples. 2
- 18 After failing the UPSC exam on his first try, Raghav began to concentrate on the multiple flaws and mistakes he had made in his examination preparation and appearance. He developed a strategy after conducting the necessary analysis and introspection, which helped him pass the UPSC test on his second try. Identify the type of coping that Raghav used and explain it. 2
- 19 Define the term ODD. 2

### SECTION - C

- 19 Explain Guilford's structure intellect model of intelligence. 3
- 20 "Intellectual activity involves the interdependent functioning of three neurological systems which are known as functional units of the Brain". Identify and explain the three functional units of the Brain related to the above statement? 3
- 21 What are the various sources of stress in detail with relevant examples? 3
- 22 Explain the three substance disorders with their side effects on human life. 3

(OR)

Explain various eating disorders in detail.

### SECTION -D

- 23 Shivan is a spiritual leader who possesses a particular type of intelligence as explained by Howard Gardner, Identify the intelligence and give reasons for your answer. 4
- 24 Describe and critically assess Hans Selye's theory on the 'General adaptation syndrome'. 4
- 25 "Life skills are the abilities for adaptive and positive behavior which enable individuals to deal effectively with daily life". Justify the statement with any four Life skills. 4

(OR)

Many ailments like hypertension, ulcers, etc. could be stress related. To prevent this from happening, we need to be aware about stress management techniques. Explain any four of these techniques.

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### SECTION - E

- 27 Explain various psychological models to explain the abnormal behavior in detail. 6
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## SECTION - F

**Read the case and answer the questions that follow.**

Personality disorders are mental illnesses that share several unique qualities. They contain symptoms that are enduring and play a major role in most, sometimes all, aspects of the person's life. While many disorders vary in terms of symptom presence and intensity, personality disorders usually remain constant. The psychodynamic theory regards human behavior to be determined by underlying psychological influences that usually are unconscious.

These influences are dynamic the relationship between them gives rise to behavior. Abnormal symptoms are created when conflicts arise in this relationship. This theory states that all behavior is determined by childhood events and past experience. Treatment then consists of psychoanalysis, which involves bringing into conscious awareness that traumatic childhood conflicts that have been repressed, and resulting in resolution.

- 29 Name the traits of behavioral model of psychopathology has suggested about phobias. 2
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When Srikanth Bolla was born, neighbors in the village suggested that his parents smother him. It was better than the pain they would have to go through their lifetime, some said. He is a “useless” baby without eyes; being born blind is a sin, others added. Twenty –three years later, Srikanth is standing tall living by his conviction that if the “world looks at me and says, Srikanth, you can do nothing’, I look back at the world and say, I can do anything.”

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- 31 We can see that Srikanth has the ability to adopt, shape and select the environment. Identify the theory of intelligence that would best support our understanding of Srikanth's intelligence. 2
- 32 “Srikanth is standing tall living by his conviction that if the “world looks at me and says, ‘Srikanth, you can do nothing’, I look back at the world and say, I can do anything.” According to Gardner's multiple theory of intelligences, which kind of intelligence explains this? Discuss this intelligence in brief. 2

**End of the Question Paper**

ROLL  
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**SECTION – A**

- 1 \_\_\_\_\_ refers to underlying potential for acquiring the skills in the future. 1  
A. Intelligence  
B. Interest  
C. Aptitude  
D. Personality
- 2 Famous mathematicians and noble prize winners will have \_\_\_\_\_ kind of intelligence. 1  
A. Bodily kinesthetic  
B. Logical- Mathematical  
C. Spatial  
D. Intrapersonal

- 3 Steven, a 7-year-old boy, claimed to be exceptionally talented in mathematics. Connect Steven's statement to the appropriate response. 1
- A. Self esteem
  - B. Self-regulation
  - C. Self-efficacy
  - D. Self-control
- 4 An individual's preferences, likes, and dislikes will reveal their \_\_\_\_\_ traits. 1
- A. Cardinal
  - B. Central
  - C. Secondary
  - D. Source
- 5 After failing in an examination Mr. Kabir started blaming on the Question paper pattern. Identify the defense mechanism used by Mr. Kabir in the current context? 1
- A. Projection
  - B. Denial
  - C. Displacement
  - D. Reaction formation
- 6 \_\_\_\_\_ identified a personality trait name Hardiness. 1
- A. Richard Lazarus
  - B. Martin Seligman
  - C. Edward Hall
  - D. Kobasa
- 7 \_\_\_\_\_ requires imagery and imagination. 1
- A. Relaxed visualization
  - B. Creative visualization
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**Assertion (A):** Archetype's are the primordial images like concept of God, concept of mother earth.

**Reason (R):** Carl Jung proposed the Archetypes in personality and also he stated that these are culturally created.

- A. Both (A) and (R) are true, and ( R ) is the correct explanation of (A).
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- 14 Leonardo is a student of class 10 and his parents are very ambitious and they are expecting a very high performance from him and due to the parent's expectations he is facing high stress. Identify the cause of Leonardo's stress. 1

- A. Internal pressure
- B. Social pressure
- C. Frustration
- D. Conflict

### SECTION - B

- 15 Differentiate the two approaches of intelligence in detail. 2  
(OR)  
Differentiate the two factors used by Spearman to explain intelligence.
- 16 Explain the two behavioral aspects of self. 2
- 17 After failing the UPSC exam on his first try, Raghav began to concentrate on the multiple flaws and mistakes he had made in his examination preparation and appearance. He developed a strategy after conducting the necessary analysis and introspection, which helped him pass the UPSC test on his second try. 2  
Identify the type of coping that Raghav used and explain it.
- 18 What is ADHD and How does it impact a child's learning process. 2

### SECTION - C

- 19 Explain the various misuses of intelligence assessment. 3
- 20 "Intellectual activity involves the interdependent functioning of three neurological systems which are known as functional units of the Brain". Identify and explain the three functional units of the Brain related to the above statement? 3



- 21 Describe the various sources of stress in detail with relevant examples. 3
- 22 What is somatic symptom disorder and explain its two related disorders in detail. 3

(OR)

Explain OCD and its related disorders in detail.

#### SECTION -D

- 23 Shavin is a spiritual leader who possesses a particular type of intelligence as explained by Howard Gardner, Identify the intelligence and give reasons for your answer. 4
- 24 Describe and critically assess Hans Seyle's theory on the 'General adaption syndrome'. 4
- 25 "Life skills are the abilities for adaptive and positive behavior which enable individuals to deal effectively with daily life". Justify the statement with any four Life skills. 4

(OR)

Many ailments like hypertension, ulcers, etc. could be stress related. To prevent this from happening, we need to be aware about stress management techniques. Explain any four of these techniques.

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#### SECTION - E

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- (OR)
- John is perceived as being hazy, diffuse, and filled with extremely terrible sentiments of fear and apprehension. Describe the condition that John is experiencing and its numerous linked disorders.
- 28 Explain various psychoanalytical stages of development stated by Sigmund Freud. 6

(OR)

Explain Maslow's humanistic approach of personality.

#### SECTION - F

**Read the case and answer the questions that follow.**

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symptoms are created when conflicts arise in this relationship. This theory states that all behavior is determined by childhood events and past experience. Treatment then consists of psychoanalysis, which involves bringing into conscious awareness that traumatic childhood conflicts that have been repressed, and resulting in resolution.

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**Read the case and answer the questions that follow.**

When Srikanth Bolla was born, neighbors in the village suggested that his parents smother him. It was better than the pain they would have to go through their lifetime, some said. He is a “useless” baby without eyes; being born blind is a sin, others added. Twenty –three years later, Srikanth is standing tall living by his conviction that if the “world looks at me and says, Srikanth, you can do nothing’, I look back at the world and say, I can do anything.”

Srikanth is the founder and CEO of Hyderabad based Bollant Industries, an organizations that employs uneducated and challenged employees to manufacture eco-friendly, disposable consumer packaging solutions, which is worth 50 crore rupees. He considers himself the luckiest man alive, not because he is now a millionaire, but because his uneducated parents, who earned 20,000 rupees a year, did not heed any of the ‘advice’ they received and raised him with love and affection. “They are the richest people I know,” says Srikanth.

- 31 We can see that Srikanth has the ability to adopt, shape and select the environment. Identify the theory of intelligence that would best support our understanding of Srikanth’s intelligence. 2
- 32 “Srikanth is standing tall living by his conviction that if the “world looks at me and says, ‘Srikanth, you can do nothing’, I look back at the world and say, I can do anything.” According to Gardner’s multiple theory of intelligences, which kind of intelligence explains this? Discuss this intelligence in brief. 2

**End of the Question Paper**