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SET A



INDIAN SCHOOL MUSCAT
SECOND PRE-BOARD EXAMINATION
SUBJECT: HOME SCIENCE

CLASS: X

Sub.Code: 064


27.01.2020


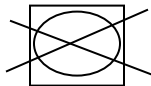
Max.Marks: 70

General Instructions:

1. All questions are compulsory.
2. There are total 33 questions.
3. Questions no.1-18, Section A are objective type questions and are of 1 mark each.
4. Questions no. 19- 23, Section B, are of 2 marks each , to be answered in 10-20 words.
5. Questions no.24 and 25, Section C, are of 3 marks each, to be answered in 20-30 words.
6. Questions no. 26-29, Section D, are of 4 marks each, to be answered in 30-40 words.
7. Questions no.30-33; Section E are of 5 marks each, to be answered in 50-60 words.
8. Internal choices are given in sections B, C, D and E.
9. Support your answer with suitable examples wherever required.

SECTION A

1.	The tendency to focus on only one aspect of the situation is called _____.	1
2.	Expand STD's <div style="text-align: center;">OR</div> Expand ISI	1
3.	_____ are openings at the side of the skirts, front of blouses and certain shirts	1
4.	 What does the above picture issued by Government along with an advertisement represent?	1

5.	For pushing heavy objects, one should a. Bend down and push b. Crouch and bend knees c. Push with legs d. None of the above	1
6.	What do you mean by “emptiness syndrome”? a. Mother has her wallet empty b. Parents feel lonely after children settle on their own c. Parents become financially independent d. The house is empty	1
7.	The other name of direct income a. Non money income b. Psychic income c. Indirect income d. All the above	1
8.	The nutrient present in protective food a. Vitamins and minerals b. Fibre/roughage c. Proteins d. Carbohydrates	1
9.	What type of washing instruction does the below picture tells 	1
10.	A ready-made shirt contains the following symbols. What does it mean? 10X / M	1
11.	What will you do if an article is excessively blued in color?	1
12.	Name any two Grease solvents OR Why silver fish attack cotton clothes?	1
13.	_____ is an expenditure of energy to achieve what we want.	1
14.	A fabric shows the below picture about drying instruction. What does it mean? 	1
15.	At the age of four years a child can catch ball with the help of his_____	1
16	The period of sexual maturity and reproductive capacity is called_____	1

17	Which among the following is not a method of work simplification? a. Using trays and trolleys to carry things b. Carry heavy luggage at a stretch c. Settling all cutlery and crockery d. Going around the table several times to serve food	1
18	Adolescence is a period between_____ and _____	1
	SECTION B	
19	List any two cognitive development of early childhood stage. OR “Play is serious”. Define with examples	2
20	You are starting your own business of home grounded spices. Which standard mark you should have on the label of your product? Draw the mark.	2
21	Define Bulimia nervosa OR Write two symptoms of Anorexia nervosa	2
22	Imitation of product is a common problem faced by consumers. As a consumer write any two of your responsibilities to tackle this problem.	2
23	Suggest two toys you would gift to your 24 months old niece.	2
	SECTION C	
24	Write any three hygienic practices we should follow while selecting a food item. OR Explain any three sources of indirect income	3
25	You mother bought a new thermal cooker. It is not working. Shopkeeper is not helping in solving the problem. Your mother wants to file a complaint in consumer court. What steps she should follow to file a complaint?	3
	SECTION D	
26	You want to gift a readymade pant to your father on his birthday. Write four points you will check to ensure its quality.	4
27	Give examples two each of government and non-government agencies who are working in the field of consumer education OR Describe any four food safety standards listed by FSSAI	4
28	You want to buy a readymade coat for yourself. Elaborate four points you will check to ensure good workmanship.	4

29	Write any four general rules to be followed before storing clothes. OR Writ four points to remember while storing synthetics	4
	SECTION E	
30	Ms. Singh found holes in her silk saree which was stored in a box during summer season. Give three possible reasons for it. Write two precautions which we should take to avoid this problem.	5
31	Describe the role of consumer organizations (five points) OR Prepare a chart showing food groups with their function	5
32	Your aunty is four months pregnant and she is staying with you. As a home science student give suggestions to your mother about her diet. What food items to included and avoided.	5
33	Write five importance of energy management OR Give five suggestions to meet the hygiene, sanitation and clothing of old age people	5
