

Roll Number		
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A



INDIAN SCHOOL MUSCAT

SECOND PERIODIC ASSESSMENT

PSYCHOLOGY

CLASS: XII

Sub. Code: 037

Time Allotted: 50 mts

14.05.2019

Max. Marks: 20

GENERAL INSTRUCTIONS:

- a) All the questions are compulsory.
- b) The Part – A questions are learning checks, each carries 1 mark.
- c) The Part – B questions are short questions and each question carries 3 marks.
- d) The Part – C questions is Short essay type questions and it carries 4 marks.
- e) The Part – D question is a long essay question and carries 6 marks.

PART - A

1. ____ is a tendency on the part of the respondent to endorse items in a socially desirable manner. 1
2. Life style is the overall pattern of decisions and behaviors that determine the quality of life. (True/False) 1
3. Positive adjustment under life challenging conditions is known as _____. 1
4. _____ adopted picture frustration study according to Indian culture. 1

PART - B

5. Explain cognitive theory of stress appraisal proposed by Lazarus? 3
6. Explain behavioral approach of personality in detail? 3

PART - C

7. Explain the various stress management techniques in detail? 4

PART –D

- 8 Explain post Freudian theories of personality? 6

End of the Question Paper

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B



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PART - A

- According to Jung human beings are guided as much by aims and aspirations. (True/False) 1
- _____ studies the links between mind, brain and immune system. 1
- Optimum amount of stress which is required for effective functioning is known as _____ 1
- _____ is a tendency of the subject to agree with the items/questions irrespective of their content. 1

PART - B

- Explain Hardiness in detail with the characteristics. 3
- Explain Cultural approach of personality in detail. 3

PART - C

- Define the term Life skills and explain the various important life skills helpful in overcoming stress. 4

PART –D

- Explain various projective techniques of personality assessment. 6

End of the Question Paper

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C



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PART - A

- _____ developed Indian version of TAT test. 1
- Coping is a dynamic mechanism and specific reaction to stress (True/False) 1
- Stress inoculation training program was designed by _____ 1
- A measure of stressful life events was developed by _____ 1

PART - B

- Explain various sources of stress. 3
- Explain about MMPI as a tool of personality assessment. 3

PART – C

- Explain General adaptation syndrome theory in detailed with the graph. 4

PART –D

- Explain Humanistic approach of personality in view of Carl Rogers & Maslow. 6

End of the Question Paper