

INDIAN SCHOOL MUSCAT
SECOND PERIODIC ASSESSMENT
MAY 2019
CLASS XII

SET D

Marking Scheme – PSYCHOLOGY [THEORY]

Q.NO.	Answers	Marks (with split up)
1.	True	1
2.	Psychoneuroimmunology	1
3.	Life style	1
4.	Middle category bias	1
5.	According to Kobasa People with more stress and less illness posses 3 characters called control, commitment and challenge. All these 3 C's together known as hardiness. Control Commitment Challenge (To be explained in detail)	3
6.	TAT is the short form of Thematic apperception test, it consist of 30 + 1 cards. The first set of 10 cards is common to men and women and the second set of 10 cards is separate for both. The total number of cards per person are 20 + 1 and + 1 is a blank card. The subject needs to tell a story and on the base of the narrated stories we are going to analyses the personality. (To be explained in detail)	3
7.	Life skills are the abilities which are necessary for adaptive behaviour. The various life skills are i. Assertiveness ii. Time management iii. Rational thinking iv. Improving relations v. Overcoming unhelpful habits	4
8.	Humanistic approach of personality is proposed by Abraham Maslow &	6

	<p>Rogers.</p> <ul style="list-style-type: none"> i. Fully functioning person ii. Behaviour iii. Concept of self iv. Unconditional positive regards v. Empathy vi. Self actualization <p>(To be explained)</p>	
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