

Roll Number

SET A



INDIAN SCHOOL MUSCAT
FIRST PRE-BOARD EXAMINATION
PSYCHOLOGY

CLASS: XII

Sub. Code: 037

Time Allotted: 3 Hrs

02.01.2020

Max. Marks: 70

General Instructions:

- All questions are compulsory.
- Answers should be brief and to the point.
- Marks for each question are indicated against it.
- Questions No.1-17 in Part – A, are learning check type question carrying 1 mark each. You are required to answer them as directed.
- Question No. 18-21 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Questions No. 22-24 in Part— C are short answer type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- Questions No.25-30 in Part—D are short answer type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- Questions No. 31 & 32 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART - A

- 1 found that persons with high IQ were not necessarily creative. At the same time, creative ideas could come from persons who did not have a very high IQ. 1
- 2 According to JP. Das Includes such skills as mental effort, determined action, feelings and opinions along with cognitive competence such as knowledge, discrimination and understanding. 1
 - a) Integral Intelligence
 - b) Contextual
 - c) Buddhi
 - d) Crystal
- 3 includes thoughts, actions, feelings which people are aware. 1
 - a) Conscious
 - b) Preconscious
 - c) Unconscious
 - d) Subconscious

- 4 Adler's theory of personality is known as analytical psychology. (True /False) 1
- 5 includes extreme events like fire, train or road accident, robbery, earth quake, tsunami. 1
- a) Hassles b) Life events c) Traumatic events d) Similar events
- 6 is the assistance or support in the form of material aid, such as money, goods and services. 1
- a) Tangible support b) Informational support c) Emotional support d) Rational support
- 7 is considered as father of modern stress research? 1
- a) Lazarus b) Donald michenbaum c) Hans selye d) Viktor Frankl
- 8 Rahim is suffering with milder form of mania and depression together and the current situation is known as Bipolar – I mood disorder. (True / False) 1
- 9 In view of Maslow self-actualization requires free expression of 1
- a) Emotions b) awareness c) frustration d) aggression
- 10 are attitudes are beliefs that contain a should or ought aspect. 1
- 11 Judging a person on the base of any one favorable or unfavorable quality is known as 1
- a) Primacy effect b) Recency effect c) Halo effect d) Bipolar effect
- 12 refers to togetherness, binding or mutual attraction among the group members. 1
- a) Bond b) Cohesiveness c) Emotion d) Group think
- 13 behaviour refers to actions which are included to protect the environment. 1
- 14 "Karan lost his father in a road accident and he survived with minor injuries from the accident and after the recovery from the accident Karan is showing the symptoms of self-blame and feelings of helplessness and hopelessness in his behaviour". Identify the disorder..... 1
- 15 Environmental psychology refers to the study of relationship between living beings and the environment. (True / False) 1
- 16 Rephrasing the entire content without changing its meaning is known as paraphrasing. (True / False) 1
- 17 is composed of all those messages that people exchange besides the spoken words 1
- a) Gestures b) Postures c) Language d) Body language

PART - B

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| 18 | How Horney's explanation of depression would be different from that of Alfred Adler? | 2 |
| 19 | Explain Obsessive and compulsive disorder and its related disorders? | 2 |
| 20 | What is Gestalt therapy? | 2 |
| OR | | |
| | How will you use Yoga as an alternative therapy of treatment? | |
| 21 | What is attribution and explain fundamental attribution error? | 2 |

PART - C

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| 22 | What are the four competencies which are identified as facets of intelligence in Indian tradition? | 3 |
| 23 | What is the meaning of phobias and what are the three types of phobias? | 3 |
| 24 | Differentiate crowding tolerance and competition tolerance? | 3 |

OR

Define Poverty and state the major causes of poverty?

PART - D

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| 25 | "Intellectual activity involves the interdependent functioning of three neurological systems called functional units of brain"
Explain in detail about the three neurological systems mentioned in the above statement? | 4 |
| 26 | Explain General Adaptation syndrome theory with the graph in detail? | 4 |
| 27 | Explain various dissociative disorders in detail? | 4 |
| 28 | How will you use psychodynamic therapy to treat the phobias? | 4 |
| 29 | What are the different factors that influence attitude formation? | 4 |

OR

What is social facilitation and explain the factors responsible for social facilitation?

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| 30 | What is communication and explain its characteristics and the process in detail? | 4 |
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OR

Who is an effective helper and explain the various characteristics of an effective helper?

PART - E

- 31 Explain how projective techniques are helpful in personality assessment and explain various projective techniques which are used by psychologist? 6

OR

What is the main proposition of humanistic approach to personality? What did Maslow mean by self-actualization?

- 32 What are intergroup conflicts? Mention the way to resolve the conflicts among the two different caste groups living in a village in India? 6

OR

What is compliance and what are the techniques of compliance? Define conformity and explain determinants of conformity

End of the Question Paper