



INDIAN SCHOOL MUSCAT  
PO Box: 2470, Ruwi, P.C. 112  
Sultanate of Oman



ISM/PRN/139/2020-21

31<sup>st</sup> January 2021

**CIRCULAR TO STUDENTS & PARENTS OF CLASS X**

**Virtual Session on Examination Readiness & Stress Management**

Dear Students & Parents,

Greetings from Indian School Muscat!

We are pleased to inform you that the school is organizing a virtual session on **Examination Readiness and Stress Management** for the **Class X** students and their parents on **Sunday, 7<sup>th</sup> February 2021 at 7.00 p.m.** on Zoom platform. The meeting link will be shared through the class teachers on Sunday.

Parents and Students are requested to make use of this opportunity to equip themselves with the skills and strategies for the examination readiness and stress management. Please join the session with the student's full name and GR Number from 6.45 p.m. onwards.

With Warm Regards

Dr Rajeev Kumar Chauhan

Principal

