



# المدرسة الهندية - مسقط

## INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب : ٢٤٧٠ ، روي. الرمز البريدي : ١١٢ ، سلطنة عمان. هاتف : ٢٤٧٠٢٥٦٧ ، ٢٤٧٨٤٠٥٥ ، ٢٤٧٨٤٠٦٩ ، ٢٤٧٨٤٠٩٧ - فاكس : ٢٤٧٩٤٩١٩  
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567 - Fax : 24794919  
Email : ismoman@omantel.net.om Website: www.ismoman.com



ISM/PRN/086/2024-25

August 8, 2024

### CIRCULAR TO PARENTS OF CLASSES KG TO XII SCHOOL SWIMMING TEAM SELECTION

Dear Parent,  
Greetings from Indian School Muscat!

We are pleased to inform you that the selection of the School Swimming team for the upcoming CBSE Inter School Oman Cluster competition will be conducted at the Sultan Qaboos Sports Complex Swimming Pool, Bousher on **August 19, 2024**, from **7:00 a.m. to 1:00 p.m.** Transport facilities will be provided for the students to the venue from the school and back.

All the participants are requested to submit a consent letter and fill in the Google form before the selections. <https://forms.gle/XwxW8jpQZTGVx5717>

Students will not be allowed to participate if they fail to attach the consent letter duly signed by their parents. The last date for registration is 16<sup>th</sup> August 2024.

Detailed schedule is given below

UNDER 11 (1.1.2013)	UNDER 14 (1.1.2010)	UNDER 17 (1.1.2007)	UNDER 19 (1.1.2005)	TIME
50M F S	50M F S	50M F S	50M F S	7:00 a.m. to 9:00 a.m.
100M F S	100M F S	100M F S	100M F S	
-----	200M F S	200M F S	200M F S	
-----	-----	400M F S	400M F S	
-----	-----	800M F S	800M F S(GIRLS)	
-----	-----	-----	1500M F S(BOYS)	
50M BK S	50M BK S	50M BK S	50M BK S	9.15 a.m. to 10.45 a.m.
-----	100M BK S	100M BK S	100M BK S	
-----	-----	200M BK S	200M BK S	
50M BT S	50M BT S	50M BT S	50 M BT S	
-----	100M BT S	100M BT S	100M BT S	
-----	-----	200M BT S	200M BT S	
50M B Fly	50M B Fly	50M B Fly	50M B Fly	11:00 a.m. to 1:00 p.m.
-----	100M B Fly	100M B Fly	100M B Fly	
-----	-----	200M B Fly	200M B Fly	
200M IM	200M IM	200M IM	200M IM	
-----	-----	-----	400M IM	
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For more details you may contact Mr. Harikrishna Pillai, HoD, Physical Education at [hodpe.senior@ismoman.com](mailto:hodpe.senior@ismoman.com) or Mob.No. 99452306.

Kindly note the Points:

1. All the participants are requested to use proper swimming costumes.
2. Hydrate adequately since the climate is hot and humid.
3. Don't eat a lot food before the competition.
4. Don't use the pool without the permission of the teachers.
5. Don't play in and around the swimming pool.
6. Diving and other activities are not permitted.
7. Only competitors are allowed inside the swimming pool.
8. This is the selection trial and the best timing will be selected for the school teams.
9. All the timing and students' performance will be displayed once the competition is over.

Kind regards,



Rakesh Joshi  
Principal

### CONSENT LETTER FOR ISM SWIMMING TEAM SELECTION

I \_\_\_\_\_ father/mother of Master /Miss \_\_\_\_\_ of Class \_\_\_\_\_ Sec \_\_\_\_\_ hereby give my consent for my ward's participation in the school team swimming selections at the Sultan Qaboos Swimming pool on 19<sup>th</sup> August 2024 from 7:00 a.m. to 1:00 p.m.

Signature of the Parent with date: \_\_\_\_\_

Contact Number: \_\_\_\_\_