



INDIAN SCHOOL MUSCAT

PO Box: 2470, Ruwi, P.C. 112

Sultanate of Oman



ISM/PRN/148/2018-2019

4th February 2019

CIRCULAR FOR STUDENTS & PARENTS OF CLASSES IX TO XII

Pre Examination Helplines

Dear Students and Parents,

We are pleased to inform you that our counselling department will be providing tele-counseling through helplines during the pre-examination season to help you deal with any stress.

The helplines will be active from 5th February 2019 to 4th April 2019. To make use of the pre-examination helpline, students of classes IX to XII and their parents can call the following helpline numbers,

Name & Designation	Pre Examination Helpline Number	Timings
Mr. Preshob Valapilakandy	+968-95819545	10:00 am to 8:00 pm
Dr. Benny Varghese Paduvan	+968-92842913	6.00 a.m. to 11.00 pm
Ms. Bubly Devarajan	+968-93542042	8:00 am to 8:00 pm
Ms. Tanuja Sharma	+968-92641780	8:00 am to 8:00 pm
Ms. Bincy M Ezahac	+968-97848955	8:00am to 8:00 pm
Ms. Vinshita Jhala	+968-99192283	7:00 am to 2:00 pm

Please note that the BOD initiated 24hr helpline number – **Here4U** will also be active and may be contacted on **90990444**.

With Best Wishes

Dr Rajeev Kumar Chauhan
Principal

