



**INDIAN SCHOOL MUSCAT**  
**PO Box: 2470, Ruwi, P.C. 112**  
**Sultanate of Oman**



ISM/PRN/073/2023-24

August 6, 2023

**CIRCULAR FOR SCHOOL SWIMMING TEAM SELECTION (KG I TO XII)**

Dear Parent,

Greetings from Indian School Muscat!

We are pleased to inform you that the selection of School Swimming team for the upcoming Inter School Sports & Games will be conducted at the Royal Hospital Swimming pool, Bousher on **Saturday, August 19, 2023** from **7:00 a.m. to 1:00 p.m.**

**All the participants are requested to submit a consent letter before the selections. Students will not be allowed to participate if they fail to produce the consent letter duly signed by their parents.**

Detailed schedule is given below

UNDER 11 (1.1.2013)	UNDER 14 (1.1.2010)	UNDER 17 (1.1.2007)	UNDER 19 (1.1.2005)	TIME
50M F S	50M F S	50M F S	50M F S	7:00 a.m. to 9:00 a.m.
100M F S	100M F S	100M F S	100M F S	
-----	200M F S	200M F S	200M F S	
-----	-----	400M F S	400M F S	
-----	-----	800M F S	800M F S(GIRLS)	
-----	-----	-----	1500M F S(BOYS)	9.15 a.m. to 10.45 a.m.
50M BK S	50M BK S	50M BK S	50M BK S	
-----	100M BK S	100M BK S	100M BK S	
-----	-----	200M BK S	200M BK S	
50M BT S	50M BT S	50M BT S	50 M BT S	
-----	100M BT S	100M BT S	100M BT S	11:00 a.m. to 1:00 p.m.
-----	-----	200M BT S	200M BT S	
50M B F	50M B F	50M B F	50M B F	
-----	100M B F	100M B F	100M B F	
-----	-----	200M B F	200M B F	
200M IM	200M IM	200M IM	200M IM	
-----	-----	-----	400M IM	

Students interested in participating in the swimming selection shall register their names in the following google form and submit on or before **Wednesday, August 16, 2023**

<https://forms.gle/45ByVsXN3siPY2PR6>.

For more details you may contact Mr. Harikrishna Pillai, HoD, Physical Education at [hodpe.senior@ismoman.com](mailto:hodpe.senior@ismoman.com) or Mob.No. 99452306

With warm Regards

Dr Rajeev Kumar Chauhan  
Principal



**CONSENT LETTER FOR ISM SCHOOL SWIMMING TEAM SELECTION-2023-24**

I \_\_\_\_\_ father / mother of Master /Miss \_\_\_\_\_  
of Class\_\_\_\_\_ Sec\_\_\_\_\_ hereby give my consent for my ward's participation in the school team  
swimming selection at Royal Hospital on **August 19, 2023** from **7:00 a.m. to 1:00 p.m.**

Signature of the Parent with date:\_\_\_\_\_

Contact Number: \_\_\_\_\_

Kindly note the Points:

- All the participants are requested to use proper swimming costumes.
- Hydrate adequately since the climate is hot and humid.
- Don't eat a lot before the competition.
- Don't use the pool without the permission of the teachers.
- Don't play in and around the water.
- Diving and other activities are not permitted.
- Only competitors are allowed inside the swimming pool.
- This is the selection trials and the best timing will be selected for the school teams.
- All the timing and students' performance will be displayed in the school once the competition is over.