



INDIAN SCHOOL MUSCAT
PO Box: 2470, Ruwi, P.C. 112
Sultanate of Oman



ISM/PRN/038/2021-22

24th May 2021

CIRCULAR TO PARENTS OF CLASSES KG I TO XII

Parenting in Digital Era

Dear Parents,

Greetings from Indian School Muscat.

Parenting in times of the ongoing Pandemic has become very challenging. In order to support the parents of our school in helping their children to manage the online classes and the overall screen time usage in general we are pleased to inform you that the counselling department will be conducting an online session on 'Parenting in Screen Time Era'. The session will impart information on helping students in effective utilization of the online classes, points to deal with the fatigue arising out of excessive and Covid-19 pandemic imposed screen time usage and tips to overcome gaming addiction among students, if any.

The session is scheduled as follows:

CLASSES	DATE	TIME
K.G. I to Class IV	Thursday, 3 rd June 2021	7.00 p.m. to 8.30 p.m.
Classes V to XII	Saturday, 5 th June 2021	10.00 a.m. to 11.30 a.m.

Joining details will be shared with you in your class groups on the day of the session. All Parents are requested to make use of this session to gain insights into helping students during these days of screen time era.

With Best Wishes,

Dr Rajeev Kumar Chauhan
Principal

